



3 October 2018

Dear Parents/Carers

Sixth Form students have led House assemblies this week with a focus on World Mental Health Day, next Wednesday 10 October 2018 and how St Katherine's can support this by participating in the Young Minds #HelloYellow day. Students around the country will be embracing the colour yellow to help spread the word that, whatever you are going through, you can talk to someone if you are struggling to cope.

We will be asking pupils for a suggested donation of £1 to **accessorise** their school uniform with anything yellow. Examples of this include:

- Yellow hats/baseball caps (to be removed during lessons)
- Yellow wigs
- Yellow head boppers
- Yellow jewellery (eg. necklaces)
- Yellow badges
- Yellow socks/tights/leg warmers
- Yellow belts
- Yellow ties (may be worn instead of standard school tie)
- Yellow jumpers/t-shirt (must be **over** school uniform, not instead of)

Our school uniform expectations do not change and pupils must attend wearing all usual items of their uniform, including shoes, blazers and shirts. Dyed yellow hair and make up is not permitted.

The school day will operate as normal along with our high standards and expectations. We would like as many participants as possible but please do not feel it is compulsory.

Funds raised from the day will go to Young Minds, a charity who campaign for and provide services for young people's mental health. More information about their work can be found at <https://youngminds.org.uk/>.

Thank you in advance for your support. If you have any questions or queries, please do not hesitate to contact me at school on 01275 373737 or southonh@skdrive.org.

Yours sincerely

Hayden Southon
Deputy Headteacher