



Monday 22 March 2021

Dear Parents/Carers

Thank you for continuing to be vigilant within our community around COVID 19. A reminder this morning to us all to be disciplined in our routines and follow the guidance should anyone in your household have symptoms.

Year 13 - Update for Monday 22 March

We had a confirmed positive case in Year 13 this morning. The student has been absent since Tuesday 16 March and developed symptoms on Friday, before getting tested yesterday. The student is now self isolating for ten days. Public Health England have advised there is no further action required.

Year 11 - Update for Monday 22 March

We have had a confirmed positive LFD test in Year 11 from Sunday evening. Upon receiving this information and in consultation with Public Health England, we have been advised to follow contact tracing from Friday 19 March. All students identified as close contacts have been contacted and are required to self isolate for ten days unless updated otherwise.

Any positive result from a Lateral Flow Device (LFD) carried out at home is followed by a PCR test. We will update our community once we receive further information.

The school remains open to all year groups and your child should continue to attend as normal if they remain well.

Thank you for your continued understanding and support. Please continue to be disciplined and vigilant around symptoms within your household. We recognise this is an unsettling time for the year groups concerned and will work to reassure students of the steps we are taking to keep us all safe at St Katherine's.

Kind regards

A handwritten signature in black ink, appearing to read 'Justin Humphreys'.

Justin Humphreys
Headteacher

Full details for those required to self isolate

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for a PCR test (the normally available test type) and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

Further information is available at:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The household isolation period includes the day the first person in your household's symptoms started (or the day their test was taken if they did not have symptoms) and the next 10 full days. This means that if, for example, your 10 day isolation period starts on the 15th of the month, your isolation period ends at 23:59 hrs on the 25th and you can return to your normal routine.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at



<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Should you have any queries, please do not hesitate to contact school@skdrive.org.

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